

His greatest win came in 1964 when he became *the World Heavyweight Champion. Soon after, Cassius became a *Muslim and changed his name to Muhammad Ali. He wanted America to be a better country for black people.

The 1960s was a time when many Americans went off to *the Vietnam War. Muhammad Ali thought the war in Vietnam was a bad thing, so in 1967, when they asked him to go, he said “no”. Many important people in America were angry about this and Ali left the world of professional boxing for five years. Then he came back and became World Heavyweight Champion again for a second and third time.

Muhammad Ali was exciting to watch. He was a great boxer and always felt he could win – and he usually did! He often said, “I am the greatest!”

In 1981, Muhammad Ali stopped boxing because he was very ill. He was slow and tired, so he went to see a doctor.

“③You’re very sick,” the doctor said. “And you’re not going to get well. It’s not going to kill you, but you’re going to get tired very quickly every day. You’re going to walk slowly and talk slowly. I’m sorry but we can’t stop it. And, of course, you can’t box.”

In 1996, when he opened the Olympic Games in Atlanta, many people watching him on television were happy to see this famous sports hero from the past again.

True Heroes of Sport (OXFORD UNIVERSITY PRESS 一部改) *Muhammad Ali* (PENGUIN READERS 一部改)

(注) professionally 専門的に、プロとして the World Heavyweight Champion 世界ヘビー級チャンピオン
Muslim イスラム教徒 the Vietnam War ベトナム戦争

問1 モハメド・アリについて、次のア～エの出来事を古いものから順に並べかえなさい。

ア. He won a gold medal at the Olympics.

イ. He appeared in the opening ceremony of the Olympic Games in Atlanta.

ウ. He became the boxing champion in Kentucky.

エ. He became sick and stopped boxing.

問2 下線部①に関して、彼が2つの名前を持つことになった理由は何か。15字以内の日本語（句読点を含む）で答えなさい。

問3 下線部②はどのような時代であったか。本文の内容から正しいものを2つ選び記号で答えなさい。

ア. Black children and white children studied together at school.

イ. Black people had a hard time.

ウ. Black people had to go to different shops from white people.

エ. All white people made black people work for them.

オ. Black children and white children sat together at the table of brotherhood.

問4 下線部③の具体的な内容を英語でまとめました。(ア)～(エ)に適語を入れなさい。

You will not (ア), but you will become (イ) very easily.

The speed of your walk and talk will become (ウ).

You have to give up (エ).

問5 次のア～エの英文のうち、本文の内容に合っているものにはTを、合っていないものにはFを記入しなさい。

ア. Cassius Clay was very much interested in books when he was a student.

イ. Cassius won a gold medal at the Olympics in Tokyo.

ウ. Muhammad Ali went to Vietnam to fight in the war.

エ. Many people were glad to see Ali on TV at the Olympic Games in Atlanta.

問6 次の質問に2語以上の英語で答えなさい。

- ア. Why did Ali stop boxing in 1981?
- イ. How many times has he become World Heavyweight Champion?
- ウ. How old was Ali when he opened the Olympic Games in Atlanta?

Ⅲ. 日本からアメリカの Buffalo 市の高校に留学している *Miki* が、現地に着いて数日後にクラスメートの *Eddy* と話をしています。対話文を読み、各設問に答えなさい。(*の語には注釈がある。)

Eddy: Hello, Miki! How have you been? How's Buffalo so far?

Miki: I've been OK. Buffalo is great – it's a beautiful place and the people are really friendly.

Eddy: I'm glad you like Buffalo! By the way, you said you're OK, but you look really tired. Are you OK?

Miki: Well, to be honest, I'm *struggling a little because of jet lag. The 13-hour time zone difference is hard! I get really sleepy in the middle of the day, then feel wide awake late at night. Then, because I go to bed so late, I have a hard time waking up.

Eddy: I'm sorry to hear that. It's true that jet lag can be really hard. It takes time to *adjust, but you will. If you want to adjust more quickly, however, there are a few things you can do to help your body.

Miki: Oh, please tell me.

Eddy: Well, I recently read an *article from a scientific magazine, and there are three things that seem to be the most important. The good news is they're simple.

Miki: OK. What are they?

Eddy: The first one is to get outside in the natural sunlight as much as possible.

Miki: That's easy to do, but how will it help?

Eddy: Do you know that our bodies have a kind of "clocks"?

Miki:

Eddy: Our bodies have a rhythm of sleeping, waking, and feeling hungry. And like a clock, our bodies know what time to do those things.

Miki: I didn't know that. How interesting! OK, so the sun *affects our bodies' clocks?

Eddy: That's right. In a way, it tells our bodies' clocks what time it is, and helps it adjust.

Miki: So if I spend a lot of time outside in the natural sunlight, it will help my body know when to be awake and when to sleep?

Eddy: Exactly.

Miki: OK, I will start doing that today.

Eddy: By the way, do you know that plants sleep?

Miki: What? Plants sleep?

Eddy: Leaves *droop, and flower blossoms close at night. Then, when the sun rises, leaves rise again and flower blossoms open.

Miki: Wow. Nature is pretty amazing! I had no idea that flowers sleep.

Eddy: I agree with you.

Miki: Well, could you tell me the other two things that could help with my jet lag?

Eddy: Sure. As your body hasn't yet adjusted, you might get sleepy during the day, but try not to take naps. If you take a nap, your body will want to sleep for several hours as it's night time in Japan. Not taking a nap should help make it easier to go to bed earlier.

Miki: OK. And the last one?

Eddy: The last one should be the easiest: try to eat meals at normal times. So an example would be, if you want to wake up early and go to bed early, try to have breakfast at 7 am, lunch around noon, and dinner around 6:00 or 7:00 pm.

Miki: Got it. Wow – this is very helpful. I have to go now but thank you so much! I will start doing these things today.

Eddy: Great! I'm glad to hear that, and I really hope you get over your jet lag soon. It's not fun if you're tired all the time when you're awake.

Miki: Thanks again! I'll see you tomorrow.

Eddy: Take care, Miki. See you tomorrow!

(注) struggle 苦しむ adjust 調整する article 記事 affect 影響を与える droop しおれる

問1 (1) ~ (5) までの英文が本文の内容と一致するように、適切なものを1つずつ選び、記号で答えなさい。

(1) Because of jet lag, _____.

- ア. Miki feels sleepy all day long
- イ. Miki doesn't feel sleepy at all
- ウ. Miki feels sleepy at night and fall asleep very easily
- エ. Miki feels sleepy in the daytime but can't fall asleep easily at night

(2) Miki should spend more time in the natural sunlight _____.

- ア. because it is so warm that she can get sleepy very soon
- イ. because it helps her body clock know what time it is
- ウ. because she can enjoy the beautiful places in Buffalo
- エ. because it is fun to ask people what time it is

(3) Miki thinks nature is amazing _____.

- ア. because even plants have their own body clock
- イ. because there are many kinds of flowers
- ウ. because even flowers sometimes feel hungry
- エ. because there are some flowers which open at night

(4) Eddy says Miki should try not to take naps _____.

- ア. because he thinks Japanese people don't take naps very often
- イ. because he thinks she should study English much harder
- ウ. because he wants her to get sleepy at night
- エ. because he wants to show her around Buffalo

(5) It's good for Miki to have meals at normal times _____.

- ア. because she likes American food very much
- イ. because it will give her life a good rhythm
- ウ. because she won't get hungry during classes
- エ. because she doesn't have to eat three times a day

問2 文中の空所 A B に入れるのに最も適当なものをそれぞれ下から1つずつ選び、番号で答えなさい。

- (1) That's too bad.
- (2) Thanks a lot!
- (3) They do!
- (4) I'm happy to know that.
- (5) What do you mean?

問3 以下は2人の会話の内容をまとめたものである。(1) ~ (4) にあてはまる単語を書きなさい。

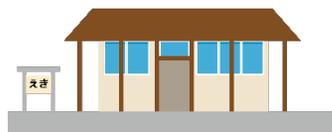
Miki is having a hard time with jet lag. She doesn't feel (1) at night and goes to bed very late. Eddy advised her to spend much time in the (2) because it will help her (3) to adjust. He also advised her not to take naps during the (4) because it will help her to go to bed early.

問4 文中の 'jet lag' は一般的に日本では何と呼ばれているか。5字以内の日本語で書きなさい。

IV. 次の日本語に合う英文になるように、()内の語句を並べかえなさい。ただし、文頭にくる単語も小文字になっています。

- (1) 英語を上手に話すことは日本人にとって難しい。
(for / is / English / Japanese / difficult / speaking / well).
- (2) 私の母はイギリス製の紅茶を毎朝飲みます。
(made / mother / in / drinks / every / tea / England / my) morning.
- (3) 私の親は6年間、私の息子の面倒をよく見てくれました。
My parents (of / taken / my son / for / good / have / care) six years.
- (4) 私の姉は私にコンピューターの使い方を教えるように頼んだ。
(use / teach / my sister / how / asked / to / to / her / me) the computer.

V. *Emi* は友達の *Sachi* からメールをもらい、映画に誘われました。*Emi* になったつもりで、次の情報を参考に4つの英文で *Sachi* にメールを書きなさい。時刻は英語で書くこと。



- (1) 午前中に宿題
- (2) 午後3時に駅の前で待ち合わせ
- (3) 午後3時半から映画
- (4) 映画の後で何か食べる

From: Emi
To: Sachi
Date: July 30
Subject: Today's plan
<p>Hi, Sachi</p> <p>It's a nice plan to go to see the movie.</p> <p>(1) I'm sorry but _____.</p> <p>(2) Can _____ at three in the afternoon?</p> <p>(3) The movie _____.</p> <p>(4) Let's _____.</p> <p>See you later.</p> <p>Emi</p>