

共立生の皆さん、ご入学・ご進級・ご進学おめでとうございます。2026年度最初のJourney発行となります。昨年度もたくさんの生徒の皆さんに様々なグローバルプログラムに参加を頂き、またニュージーランドから留学生を迎えることもでき、共立の国際交流が大変盛り上がりしました。

今年度は新しいターム留学プログラムがスタートします。また、昨年度に引き続き留学生を迎える予定もあります。そして、共立からもまた多くの生徒の皆さんに世界に飛ばたいってもらいたいと考えています。

海外へ行くのはもちろん、日本にいてもたくさんの国際交流ができるよう、今年度も充実したプログラムを提供していく予定です。留学や海外大学進学、その他各種グローバルプログラムについて知りたいことがあれば、いつでも国際交流部を訪ねてきてくださいね。

さて、この国際交流通信「Journey」は共立生の皆さんと保護者の皆様に共立女子中高の国際交流やグローバル教育についてよりよく知っていただくために発行しています。保護者の皆様も是非お子様と一緒にご覧いただけますと幸いです。

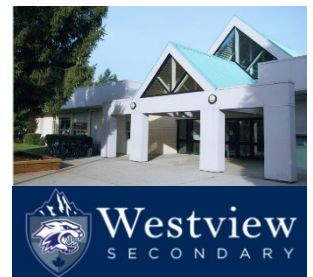
😊 Canada Long-Term Program 2025

～ **Let me tell you how things are going in Canada!** ③

共立女子中学高等学校はカナダ・ブリティッシュコロンビア州（バンクーバー地域）にあるメイプルリッジ・ピットメドウズ教育委員会よりパートナー校として認定されており、カナダでの約10ヶ月の留学プログラムに、学内選考を経て高校1年生1名を毎年派遣しています。



ロングターム留学プログラム6期生である 高校2年 の [] さんの留学期間も残すところ3ヶ月となりました。[] さんが通っているのは *West View Secondary School* というメイプルリッジ・ピットメドウズ教育委員会学区にあるハイスクールの1つです。今回のレポートでは坂田さんが参加した「模擬国連」と「カナダのイースター」について伝えてれています。ぜひ楽しんでお読みください！



また、[] さんは共立の公式インスタグラム用にもカナダでの生活について写真を用意してくれています。そちらもぜひチェックしてみてください。

◆ メイプルリッジ/ピットメドウズ教育委員会

カナダの西海岸、バンクーバー国際空港より約1時間の場所に位置します。公立の小・中・高等学校を管轄する教育委員会で、質の高い教育プログラムを準備しています。国際バカロレアプログラムだけでなく、スポーツや芸術面でのコースも多数提供されています。また、14歳で飛び級してカナダ国内のトップ大学5校に合格し、カナダ政府にギフトド（天才児）と認定された日本人少年の大川翔くんを輩出した学区でもあります。この学区は自然に恵まれた地域ですが、バンクーバー都市圏の一部を形成しており、大都市の便利さも持ち合わせた環境です。

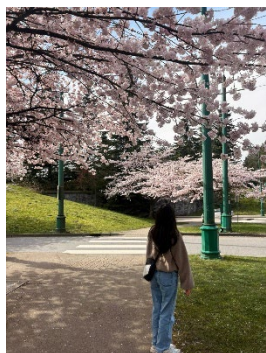
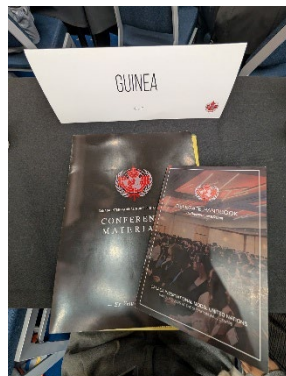


〔以下原文のまま〕

雨の日が減り、町中の桜も咲き、ようやく春らしい気候になってきました。

CAIMUN

3月初旬に CAIMUN（模擬国連）に参加してきました。北アメリカでもかなり大規模の模擬国連ということで刺激をたくさん受けてきました。私自身初めての模擬国連で、WHO のギニア代表を務めました。国名は知っているも具体的な情勢や政策の理解が浅かったので、事前に調べながら準備しました。議論の中では、周りの代表者が国の情勢を深く理解し、的確に発言している姿に強い刺激を受けました。また模擬国連に参加する機会があれば、自分の意見を自信をもって発表できるように準備を重ねたいと思います。この経験を通じて、国際問題を多角的に考える大切さを学びました。



Easter

4月初旬にはイースターがありました。クリスチャンにとってはクリスマス以上に重要な行事です。当日はホストファミリーの親戚が集まり、お食事会をしました。小さい子どもがいる家庭では、家や庭に卵を隠して探す「エッグハント」を楽しむのだそうです。私のホームステイ先には小さい子どもがいなかったため体験できませんでしたが、友人の話を知るととても楽しそうで、文化や習慣の違いを肌で感じることができました。

帰国日が刻々と迫っていますが、残りの時間も友達と過ごしたり、カナダの文化を存分に体験したりして、有意義に過ごしたいと思います！

😊 10 Students Have Come Back from NZ ~ New Zealand 1-term Program 2025

4月3日（金）の夜、ニュージーランド1ターム留学生10名が、無事に日本に帰ってきました。ニュージーランドの北島の都市ウェリントンにある Wellington East Girls' College と St Catherine's College、ローワーハットにある Sacred Heart College、そしてニュープリマスにある New Plymouth Girls' High School の女子高4校にお世話になりました。ニュージーランドの新学期にあわせて1月末に出発し、約2ヶ月間のプログラムを修了しました。この1ターム留学を通して、留学生全員がいろいろなことにチャレンジし、たくさんのコミュニケーションを通して、グローバルマインドや英語力を向上させ、日々の生活の中で日本との違いを意識しながら異文化を理解し、日本代表として日本の魅力を伝えることができました。



ただいま帰りました！

親元を離れ、馴染みのない土地で生活することはとても大きなチャレンジだったと思います。この経験を通じて共立の大事にしている「4つの力（関わる・動く・解く・考える力）」を十分に発揮し自分磨きをすることができたのではないのでしょうか。帰国の便が2時間遅延しましたが、10名は体調に変わりなく、家族との再会を喜んでいました。

2025年度のニュージーランド1ターム留学生10名が制作した壁新聞を地下ランゲージスクエアそばの廊下掲示板に近日中に展示する予定です。ぜひご覧ください！



壁新聞制作の様子

◆ ニュージーランド 1ターム留学プログラム（約2ヶ月間）

ニュージーランドにある名門女子校に1ターム留学が可能です。ニュージーランドの学校はほとんどが4学期制で、2月から始まる第1学期の2か月間お世話になります。

【派遣校】 St. Catherine's College（Wellington）
Sacred Heart College（Lower Hutt）
Wellington East Girls' College（Wellington）
New Plymouth Girls' High School（New Plymouth）



Greetings from New Zealand!!!

ニュージーランドでから帰国後のレポートです。現地での生活にだいぶ慣れ、楽しく過ごした日々を振り返ってもらいました。

<すべて原文のまま>

~ Sacred Heart College Lower Hutt

Kia ola! I was able to finish my short term study abroad safely and I think I made it through very enjoyable. Two months seemed to be very long but as it got close to the end, it went really fast. Through this study abroad, I experienced a lot of new things. At school



for example the events were very different. I enjoyed mufti day, when we can wear any clothes we want. The Athletics Day was fun as well. Everyone wore costumes and clothes of their own house color and some people painted their legs and faces. Students can choose what activities to join on the day so I joined all of the activities I can to enjoy. Also at the age of 16 people can get a driver license. I was surprised to see people the same ages as me driving a car to school. There were subjects that Japan doesn't have, which was a new experience for me too, but I enjoyed Japanese the most.

I also made a lot of new friends. Everyone I met was very heart full and kind, which

made my school life a joyful one. I went to a lot of places with my friends on the weekends. I also joined the volleyball team at school which was also a great opportunity.

At the end of March, luckily I was able to celebrate my host sister's birthday. It was fun to get to know her friends and to play games with them.



Overall, I was able to reconfirm that I love English from this study abroad. It was really an amazing experience for my life. Thank you.



~ Sacred Heart College Lower Hutt

When I got used to my school in New Zealand, I started to have fun.

The first thing was Athletic Day because it was different from the Japanese style. We could wear our favorite clothes in the color of each house. So I wore a tiara and a skirt like a princess. I took a lot of pictures that day.

There was also Mufti Day, which is like a non-uniform day. I liked that day because I could see many different fashion styles. Kyoritsu doesn't have such a day, so I was a little jealous of schools in New Zealand.

I suddenly realized that it was almost time to go back to Japan, and it felt very short. I wanted to go back to Japan, but I also didn't want to leave New Zealand because of my friends and host family.

On the last day, I thought I wouldn't cry, but I ended up crying a lot at school. My friends also cried a lot, so we called it a "cry party." My friends gave me many presents, such as origami flowers, sheep keychains, and letters. They gave me many letters and read them aloud.

One of my friends promised that she would come to Japan after graduating. I will never forget that day. It was a very special and precious time for me. Thank you to everyone and everything.



~ Wellington East Girls' College

After finishing my one-term study abroad, I feel that it was a very valuable and fun experience.

At first, I thought two months would be a long time, and I was nervous about living in a place with a different language and culture. It was also difficult to understand what people were saying at first. However, as I got used to living there, I started to enjoy everything. About one month before going back to Japan, I already felt that I didn't want to go home.



One of my best memories is the nature in New Zealand. It is a country full of beautiful nature. I visited a lighthouse at Cape Palliser, and on the way there, I saw sheep, cows, and even seals from the car. I felt that it was a very special view that you can only see in New Zealand.



I also joined an Outdoor Education trip. We went to Castlepoint and did hiking and sandboarding. The teachers joined the activities with us, which felt different from Japan and made it more fun.

I also tried new sports, such as ultimate frisbee and pickleball. At first, I didn't even know how to play, but my teammates kindly taught me. Thanks to them, we had great teamwork, and I really enjoyed playing with them.

Through this study abroad, I learned about Māori culture and had many experiences that I could not have had in Japan. I felt nervous when talking with students my age, and sometimes I couldn't say what I wanted in English. However, I was happy that we could still communicate with each other. I was especially happy when I could have a real conversation in English for the



first time. I think preparing topics before talking helped me start conversations. This experience also helped me become more confident in speaking English.

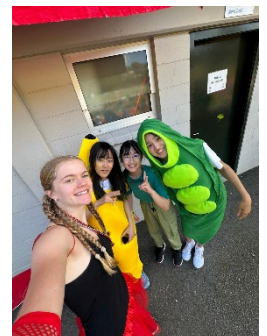
Finally, I am very thankful that I met such a wonderful host family and friends. I hope to keep in touch with them in the future!!

~ Wellington East Girls' College

Kia Ora! In late February, we had Athletics Day. My friend and I were running 60m. The most exciting thing was singing house chants on Athletics Day. I was in Edger house, so I sang the Edger chant with other students who were in Edger house.

After Athletics day, my friend invited me and my friends to her house, so we played cards in her house. It was so fun!

The other day, we had a Ki o ra hi tournament. Ki o ra hi is a game of Māori. We played many games, so I was tired, but we had a BBQ and I made a few new friends! so it was a great memory for me.



And then, in late March, I became friends with a girl who lives near me and goes to the same school. She invited me to watch a movie. So we watched 'The Road of the Rings'. And she and I often went for walks. She is so kind! Before I went back to Japan, I invited her to my house. I ate pizza and watched 'Toy Story' together.



Also, around that time, there was a birthday party for my host brother. Many people came to my house and I ate a lot of

food. My host brother received many presents, we were happy!



I had a great time in New Zealand. My host family is so kind and great. I really miss my host family and friends. I wish I could go back to New Zealand and see them some day!

- Wellington East Girls' College

Kia Ora! After I came back to Japan, I spent one week settling back into my life. I was surprised that the bicycle rules had changed!! Some of my friends in New Zealand sent me messages, and I really miss them!!

Now, I would like to introduce my two-month experience in New Zealand.

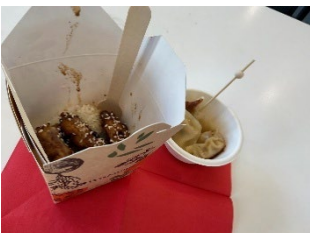


On February 6th, we had Waitangi Day. It is a national holiday. On that day, my original host family had plans for the whole day, so I stayed with a different host family for just one day. She was very kind and took me to a park. We listened to traditional Māori music, ate ice cream, and made a flag with Māori patterns. This pattern is called a "triquetra." It means "eternal" or "never-ending." After the park, she took me to a shop that sells fish and chips. It was very delicious and became a special memory for me!

On February 14th, we had Valentine's Day. We could buy cookies on that day. Our school, WEGC, is similar to my school in Japan because it is a girls' school with students from Kyoritsu. However, on Valentine's Day, they have a special event. They send a rose to a student who has a boyfriend at another school. How romantic it is! I was very surprised and a little jealous...



On February 19th, we celebrated Chinese New Year. At WEGC, there are many students who are from China or other Asian countries where Chinese New Year is celebrated. We had a special menu in the school cafeteria. I ordered chicken and dumplings. Many students chose the special menu. I thought it was wonderful to celebrate Chinese New Year together, whether they are Chinese or not. And I was surprised that we can eat ice cream in the theater!! So I bought it! It was yummy :)

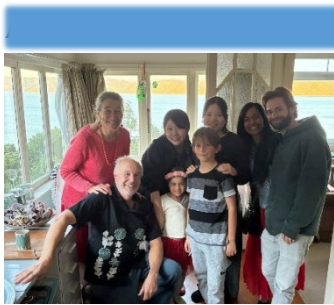


In March, Kanon and I went to an outdoor education camp! However, we had to return to Japan for the last three days, so we were only able to participate in the camp for one day. Our teacher drove us there. When we arrived at Castlepoint, there was a campsite. The weather was getting worse, but we were still able to go to the lighthouse and try sand surfing. It is a fantastic memory! The advisor told me that it might be difficult to go camping. However, we were able to go because of our teacher's efforts. I really appreciated her!



When I had to leave New Zealand, I gave some origami to the friends I usually had lunch with. Sometimes, we played cards together and shared snacks. I love them, and I hope we can meet again.

I was very happy to go to New Zealand and meet many people who were not born in Japan. I would like to thank my family for giving me the opportunity to go to New Zealand, as well as all the people I met and became friends with there. I will never forget this exciting experience!!



~ St Catherine's College

Hello! I spend 2month in New Zealand! It was the best memory in my life!

I enjoyed every day in NZ! The life there was amazing!!

I did many activities with my host family. For example, making sandwiches for wind surfers, holding dinner parties in my house, and so on. There is a very nice fish and chips near my house. I went there twice! And we went hiking a lot! It was a little bit hard for me because my host family walked so fast! I am missing them so much. I hope we can meet again soon.



SCC (St.Catherine's College) was a very good school! The total number is only 200 students so it was a very small school. But I love that! Because when I walk in school many students say "HELLO!" to me. I was very happy!

And my best memory is the "Dragon Boat Festival". We won the Youth Girls Bowl Final! This moment was unforgettable! At lunch time we had a party, it was really fun too!



At the school, they hold Farewell party for international students. We danced and ate a lot of food! The pizza was delicious.

The SCC students were really kind! I hung out with them and I went to many places. For example photo booths in town, cable car and ice skating! I had a very good time with friends in New Zealand.

I also made many friends, one of my best friend visited Japan recently! so we could hang out together in Japan too!

I think I did my best on this experiment in New Zealand. I am really missing NZ family and friends. Through this experiment I made up my mind to study English harder.

~ St Catherine's College

Kia ora! It's been about a week since I came back to Japan after my two- month short-term study abroad in New Zealand. Time went by so fast, but I had so many amazing experiences.



We had lots of events during those two months. One of them was a dragon boat race. Our team wasn't the strongest, but we practiced a lot and had so much fun competing. There was even a DJ at the venue, so the atmosphere was super exciting!

We also had Athletics Day, which is kind of like a sports festival in Japan. I tried some events for the first time, like javelin throwing. We practiced chants and cheered loudly as a team, and everyone wore clothes in our class colors.



I got to do so many things that I can't experience in Japan, which made it really special. The international department also organized events just for exchange students, and we went to a show and the zoo together.

I also went to Zealandia with Momoka's host family, which I had always wanted to do. I saw so many birds there.

They even held a farewell party for us, where we brought food and enjoyed spending time with our host families and friends. On my last day at school, I wrote letters to my friends and took lots of photos. Some of my friends even came to the airport to see me off, and everyone was so kind until the very end.



By studying in New Zealand I made so many great friends and had unforgettable experiences that I can't experience in Japan. I definitely want to go back someday!

~ St Catherine's College

Kia ora! I arrived back in Japan on April 3rd, and it has been about a week since I left New Zealand.



All of my experiences during this study abroad program were enjoyable and unforgettable. I spent precious time with my host family, and I truly feel that joining this program was a great decision.

I would like to share two of my most memorable experiences!

First, dragon boating. Dragon boating is a sport where about 20 people ride in one long boat and race together. My host school, St. Catharine's College, had a dragon boat club, so I decided to join it. Practicing together with local students for a competition was very fun and became a great memory. I don't think dragon boating is very popular in Japan, so I was surprised that many schools in New Zealand have dragon boat clubs. I was also able to participate in a competition, and it was a valuable experience to try something new in New Zealand.



Second, on my last day of school, the students sang the school song for us. I really love the school song of St. Catharine's College. Unlike Japanese school songs, it was bright and cheerful. I was even allowed to record a video, which became a very special memory for me.

Although my study abroad has come to an end,

I would like to make use of these experiences in my future school life and in my life ahead.

- New Plymouth Girls' High School

Kia Ora! I studied at New Plymouth Girls' High School during my study abroad. During my study abroad experience, I was able to gain many valuable experiences not only through classes but also through weekend activities and interactions with other international students. In particular, my trip to Rotorua and the exchange event with international students from schools in the Taranaki region left a strong impression on me.

During the weekend, I went on a 3-day, 2-night trip to Rotorua and participated in activities such as rafting. One



of the most memorable moments was going down a 7-meter waterfall by raft. I had been told beforehand that it was unlikely to fall out of the boat, so I felt reassured. However, in reality, three out of the four people in my boat fell into the river. I was also caught in the strong current of the waterfall and felt extremely scared, even thinking for a moment that I might be in serious danger. Fortunately, I was able to get through it safely. Through this experience, I learned about the power of nature and the importance of responding to unexpected situations.



In addition, I participated in an exchange event with international students from schools in the Taranaki region. We enjoyed bowling together, which gave me a great opportunity to communicate and connect with others. Despite differences in language and

culture, I was able to experience the joy of interacting with people from different backgrounds. After bowling, we all shared pizza, which was very delicious, and it allowed us to relax and deepen our friendships. This became one of my most enjoyable and memorable experiences.



Through these experiences, I felt that I was able to challenge myself in ways I normally wouldn't and that it contributed greatly to my personal growth.

- New Plymouth Girls' High School

Kia ora!! I learned about the differences between Japan and New Zealand through this study abroad program. It was my first time going abroad, so I experienced many new things and felt culture shock directly.



In the first week, I went to many places with my host sister, such as a band concert, the beach, the zoo, and a bakery. My home was too far to go out alone, so it was very helpful that my host sister invited me to go out together. I really enjoyed trying new food and going to new places. Although there were not many places to go out, I could feel more

nature and enjoy more comfortable weather than in Japan.

At school, it was difficult to make friends at first, but some classmates spoke to me kindly, and I was able to make wonderful friends. Thanks to my friends, I could enjoy classes and understand the lessons more easily. I hope to stay in contact with them after finishing my study abroad.

At Taranaki Japan Day, I saw some Japanese traditional dances such as Soran Bushi and Naruko dance. There were also many Japanese foods like taiyaki, ramen, and shaved ice. I learned that New Zealand has a relationship between New Plymouth and Mishima City in Shizuoka. That is why many people in New Zealand are interested in Japan.



I went camping with my host family and their friends for three nights and four days. I went to the beach many times and watched people jumping off a bridge. I couldn't do it, but it looked like an exciting activity. At noon, I watched a band concert held by my host sister's friends. I danced with my friends during the concert, and it was very fun and memorable.



In the last week of school, I made many good memories. For example, I took photos and made TikTok videos with my friends after school, made souvenirs for my family with my host mother, and went hiking on Mt. Taranaki.

Through this study abroad experience, I came to enjoy speaking and being exposed to English even more. Building on this experience, I want to study English harder so that I can speak more fluently.

😊 Remember the Student from NZ Last Year?

中学2年生以上の皆さんは、昨年度1月～2月にかけて共立で学んでいたニュージーランドからの留学生を覚えていますか。そう、Mia [redacted] さんです。

Miaさんは2月21日(土)に共立での学びを終え、その後ニュージーランドへ帰国しました。そして、なんとニュージーランド帰国後に今度は共立から1ターム留学生として St Catherine's Collegeに通っていた3名の生徒と再会を果たしたのです。Miaさんを含む4名はお互いの学校でそれぞれが留学生として迎えられるというとても貴重な経験をする事ができました。

今後もお互いの学校で学び合う国際交流を続けていきたいと考えています。ぜひ皆さんも積極的に参加してくださいね。



ミアさんから共立生への
メッセージ

共立に がんばりしてもらってうれしかったです。
みんな、とてもやさしくて、日本語があまり
わからないときでも、たすけてくれて本当に
ありがとうございました。私がつくったすばらしい
おもいで を がぞくやともだちにはなす
のがまちきれません！この二か月は
とても楽しかったです！

日本におーかいがええみたいです！

ありがとうございました。

ミア

 **Kyoritsu**

These two months at Kyoritsu have
been such a great and enjoyable
experience. I was able to make some
unforgettable memories and make
new friends that I wouldn't have
been able to make if it weren't for
this opportunity! Kyoritsu has been a
very welcoming school, the students
and teachers were all understanding
and kind to me. Thank you so much
to everyone who put so much
effort into making my time here
the best it could be. I hope to visit
again in the future.
Thank you so much!



NZ 帰国後の Mia さん
1ターム留学生の中村さんと

😊 Spring Overseas Program 2025 ～ 春季海外研修

この春休みも4コースを無事に実施することができました。この春季海外研修では英語研修や現地校での体験授業があり、観光や課題解決プログラムなど充実したアクティビティを行います。中高あわせて100名近くの生徒がこの春休みに世界各地に渡航しました。どの研修地においても、積極的に現地での生活を楽しみ、様々な学びを得て帰国しました。現地で学んだ経験を活かし、今後も積極的に様々なグローバルプログラムに参加をしてもらいたいと思います。

参加した生徒の皆さんには事後レポートを提出してもらいました。このレポートは共立祭で自由に閲覧してもらえる他、展示発表やプレゼンを予定しておりますので、お楽しみに。

研修地	対象	期間
シンガポール中心部	中1～中3	10日間
オーストラリア・パース	中2～高2	11日間
アメリカ・サンディエゴ	中3～高2	9日間
イギリス・ロンドン	高1・高2	11日間



シンガポールコース



AUS パースコース



US サンディエゴコース



UK ロンドンコース

😊 Guests Arrive from Takapuna Grammar School

3月30日(月)、今年度よりスタートするニュージーランド2ターム留学プログラムの派遣先であるタカプナ・グラマー・スクールより副校長の Jake Lamb (ジェイク・ラム) 先生と国際課の日本人スタッフである Meg Lamb (メグ・ラム) さんが来校されました。

Jake 副校長先生は日本語の授業を担当されていて、日本語が堪能な方です。そして国際課の Meg さんとはご夫妻でいらっしゃいます。

お二人は校長の景山先生と会談し、新たなプログラムの開始に向けて友好と協力を確認し、固い握手を交わしました。



😊 Welcome to Language Square!

皆さん、ランゲージスクエアを訪れたことはありますか。毎年、授業開始から1週間は中学1年生向けの見学期間となっています。この1週間たくさんの中学1年生が訪れて、ランゲージスクエアの雰囲気を体験してくれました。



見学期間の様子

Language Square

Josh:火・木

Ross:月・水







James:金

No English. No life.

地下1階
平日:15時30分から

ランゲージスクエアでは、放課後、ネイティブの先生が日替わりで常駐しています。ランゲージスクエアには海外の本・マンガ・新聞・ゲーム（ジェンガや人生ゲームなど）があります。英語により慣れ親しみ、英語学習に進んで取り組める環境となっているので、まだ一度も行ったことのない人は、ぜひ足を運んでみてください。また、季節毎の行事（イースター・ハロウィーン・クリスマス・バレンタインズデー）や英検セミナーなど様々な企画を予定していますので、奮って参加してくださいね。

今年度の英会話やランゲージスクエアの運営に携わるネイティブの先生方をご紹介します。共立にはたくさんのネイティブの先生方がいらっしゃいます。英語で話しかけて、たくさん交流して、英語力やコミュニケーション能力に磨きをかけましょう。

Mon	Tue	Wed	Thu	Fri	Sat
Ross 先生	Josh 先生	Ross 先生	Josh 先生	James 先生	James 先生
					

Happy Easter 2026



4月24日（金）に中学生向けのイベント“Happy Easter”を行います。

ありがたいことに、参加枠は早々に満員となりました。次号で様子を紹介したいと思います。

参加予定の皆さんはお楽しみに！



2026 Language Square Event Schedule

10月30日（金）	ハロウィーンイベント
11月27日（金）	クリスマスイベント
2月13日（土）	バレンタインイベント

この他にも英検・TEAP 対策講座を行っています！ぜひ来てください。

2026 年度実施予定の主なグローバル教育プログラム

◇ 中高カナダ・ニュージーランド夏季海外研修 (参加申込み 4/20 まで)

本校では昭和 44 年より異文化体験と英語によるコミュニケーション能力向上を目指し、夏季休暇期間中にホームステイや学校寮での生活と、スクーリングを中心とした海外研修を実施しています。感受性の豊かな中高時代に、海外での生活を経験し、文化や歴史そしてライフスタイルの違いを肌で感じることは、世界的視野を養い、今後の人間形成の大きな糧となります。

対象	中2～高2	
研修国	カナダ	ニュージーランド
研修地	バンクーバー	クライストチャーチ
日程	7/19 (日)～8/2 (日)	7/26 (日)～8/9 (日)
滞在方法	学校寮	ホームステイ
募集定員	15～30 名	15～20 名

◇ ニュージーランド 2 ターム留学プログラム

【派遣校】 Takapuna Grammar School (Auckland)

【派遣期間】 1 月下旬から7月上旬までの約6ヶ月間

【募集定員】 1 名 (高校 1 年生対象・学内選考あり)

【募集時期】 4 月下旬 (高校 1 年次)

【今年度の説明会】 4 月 25 日 (土) 16:30～ (説明会参加募集終了しました)

◇ ニュージーランド 1 ターム留学プログラム

【派遣校例】 Wellington East Girls' College (Wellington)

St Catherine's College (Wellington)

Sacred Heart College (Lower Hutt)

【派遣期間】 1 月下旬から4月上旬までの約2ヶ月間

【募集定員】 最大 10 名 (高校 1 年生対象・学内選考あり)

【募集時期】 4 月下旬 (高校 1 年次)

【今年度の説明会】 4 月 25 日 (土) 15:30～ (説明会参加募集終了しました)



😊 Kyoritsu Times Project 2026 (参加申込み 4/20 まで)

Kyoritsu Times Project は日本の英字新聞のトップブランド The Japan Times の協力のもと、生徒の皆さんの手によって英字新聞を作成するプログラムです。毎年、中学 3 年生から高校 2 年生までの有志が取材、記事作成、レイアウトなど英字新聞の作成を一から学び、共立独自の英字新聞の発行をしています。

2026 年度英字新聞プロジェクト第1回集会
4月 25 日 (土) 13:30～@ランゲージスクエア

◇ Bank of America キャリア教育イベント

アメリカ最大の民間金融機関であるバンク・オブ・アメリカの東京支店に本校の卒業生が勤務しており、その方が中心となって始まったイベントです。毎年共立生のための特別プログラムを企画して



いただいています。英語を使ったり、トレーダーの方の仕事内容を知ることができたりと毎回参加者に大変好評を頂いています。「数年後に社会で働く女性に対して将来の学業やキャリアの選択肢を広げる」「英語を駆使して働く世界に触れ、グローバルマインドを育む」ことを目的にしたバンク・オブ・アメリカのイベントに参加してみませんか。今年度も実施予定です。乞うご期待！

◇ English Shower (夏季休暇・冬季休暇)

イングリッシュシャワーは長期休暇ごとに校内で開催される中学生対象短期集中英語研修講座で、外国人講師がオールイングリッシュで授業を行います。3日間英語漬けの環境で英語でのコミュニケーション能力をはじめとした、グローバルスキルを育む大変好評なプログラムです。



この夏の English Shower のご案内を近日中に配布予定です。
申込みの締め切りは 5 月 20 日(水)となります。

◇ 海外大学進学推薦制度



自己の将来の夢や目標の実現のために、また、専門分野や学問を深く追究するために、日本の大学と同様に「海外の大学」も進路選択の一つとして捉え、近年、海外大学への進学を希望する生徒が増加しています。そのような海外大学への進学を希望する生徒やご家庭のニーズに合わせて、指定校推薦のような形で海外大学やコミュニティーカレッジへの合格を保証する「共立女子中学高等学校海外大学進学推薦制度」があります。この制度の説明会を今年度11月に開催予定です。

◇ 中高シンガポール・オーストラリア・アメリカ・イギリス春季海外研修

来年の春休みに中学1年生から高校2年生を対象に希望者による海外研修を実施します。研修国は現時点では2025年度と同様にシンガポール・オーストラリア・アメリカ・イギリスの4か国の予定ですが、いろいろとリニューアルを予定しています。共立祭では今年の春に参加した生徒のレポートを展示し、ポスターセッションやプレゼンテーションを行います。お楽しみに！

